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A Profound Mind Cultivating Wisdom

The Dalai Lama Teaches Emptiness Many of the Dalai Lama's books are directed to questions that engage readers of all religious persuasions rather than only practitioners of Buddhism. This new book of the Dalai Lama's, "A Profound Mind: Cultivating Wisdom in Everyday Life" (2011) belongs in a smaller group of books which expound a specifically Buddhist teaching: the doctrine of shunya or emptiness.

A Profound Mind: Cultivating Wisdom in Everyday Life by

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composed of physical body and spiritual mind.

A Profound Mind: Cultivating Wisdom in Everyday Life ...

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Description of the book "A Profound Mind: Cultivating Wisdom in Everyday Life": The Dalai Lama visited New York in 2003 and gave a series of lectures, culminating in a public talk in Central Park, which drew over a quarter of a million people.

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